



**Cypress Sprint for Music 5K Run/Walk**  
**Sponsored by Edison National Bank**  
**REGISTRATION**

Runner \_\_\_\_ Walker \_\_\_\_

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Mailing Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Birthday \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_ Circle One: Male Female

Email Address \_\_\_\_\_

T Shirt Size (circle one) Adult S M L XL 2XL 3XL Youth S M (Shirt guaranteed for all participants registered by Jan 19, 2014)

Students of Lee County Middle and High Schools - list your school and \$2 from your registration will be donated back to your school music program! School \_\_\_\_\_

Race Official Use Only	Bib # _____
	Age Group _____
Payment Received _____	Waiver Signed _____



\_\_\_\_ Early Pre-registered Adult (18 and over) (\$20)  
\_\_\_\_ Pre-registered Youth (under 18) (\$15)  
\_\_\_\_ After Jan 18, 2014; All participants must be PREREGISTERED. (ALL) (\$25)  
\_\_\_\_ Stay-in-Bed Donation (\$20)  
Fee \_\_\_\_ = Total Due \$ \_\_\_\_\_  
**Checks Payable to: CLHS Band**

**Waiver of Liability**

**Release form is mandatory. Incomplete or unsigned entry form cannot be accepted.**

The race will be run rain or shine; no refunds, please. Hot and humid conditions may exist, drink plenty of fluids before and after the race. In consideration of my entry being accepted, I intend to be legally bound, and hereby for myself, my heirs, and executors, waive all rights and claims for damages which may hereafter accrue to me against the sponsors, CLHS Band Boosters, School District of Lee County, officials, volunteers, and all damages or injuries which may be sustained and suffered by me in consideration of my association with an entry or participation in the Edison National Bank Cypress Sprint for Music 5K. If I should suffer injury or illness, I authorize the officials of the race to use their discretion to have me transported to a medical facility, and I take full financial and legal responsibility of this action. I hereby grant full permission to any and all of the foregoing to use any photographs, videotapes, or any other record of this event for any purpose of the event whatsoever. I attest that I am physically fit and have trained sufficiently for the completion of this event. I attest that I am informed of the dangers of running in hot humid weather.

\_\_\_\_\_  
Signature of runner/walker or parent/ guardian of those under 18

\_\_\_\_\_  
Date

## Cypress Sprint for Music 5K Run/Walk

**SATURDAY, JANUARY 25, 2014**

Music has a powerful impact on our society. From fulfilling our aesthetic needs, to developing creative individuals, music touches everyone. Many begin their musical journey in a school band, orchestra, or choir program. The experiences they encounter in these programs teach them the unique musical language, develop instrumental and vocal skills, prepare them for lifelong learning, increase their test scores, and foster positive social groups. For some, school music is the only opportunity they have to develop their skills as musicians. Come support the Cypress Lake HS Center for the Arts Band program and music in Lee County in a 5K Run/Walk that aims to bring an awareness of the importance of music for young people.

### RACE DAY

**Saturday, January 25, 2014**

Registration/Check-in and Chip distribution begins at 7:30am, Race begins at 8:30am

### REGISTRATION

Mail or drop off registration and payment (cash or check made payable to CLHS) to:

The Run Shoppe  
1407 Cape Coral Pkwy E,  
Cape Coral, FL 33904  
[www.3dracinginc.com](http://www.3dracinginc.com)

OR

Online at  
[www.active.com](http://www.active.com)  
via CLHS Band website

### RACE LOCATION

Lakes Regional Park

### POST RACE CELEBRATION

The Cypress Lake HS Jazz Ensemble will provide post race entertainment. Light refreshments available.

### LEE COUNTY SCHOOL INCENTIVE:

Participating students and their parents who participate with them will receive \$2 back to their school's music program.

### PACKET PICKUP

January 24 at The Run Shoppe from 11am-5pm  
Race Day starting at 7:30am

### AWARDS – Chip Timing Courtesy of 3D Racing Inc.

Medals will be given to a male and female in the following categories

Overall

Masters

Grand Masters

Senior Grand Masters

Age Group 3 Deep

Top 5 Walkers will receive Medals

QUESTIONS? Contact Sarah Hamilton at CLHS 239-481-2233



Return this form to 3D Racing/The Run Shoppe 1407 Cape Coral Pkwy E, Cape Coral, FL 33904 (239)540-9529  
[www.3dracinginc.com](http://www.3dracinginc.com)